



Super Fruit.
Super Good!™

Nutritional Information

Product	Infused Dried Sliced Cranberries
GPC	01198
Ingredient	Cranberries, Sugar, Sunflower oil

Analyses	Nutrients per 100 gram*
Calories (Cal)	340.90
Calories from fat (Cal)	4.60
Total fat (g)	0.51
Saturated fat (g)	0.08
Trans fat (g)	<0.10
Polyunsaturated fat (g)	0.07
Monounsaturated fat (g)	0.34
Cholesterol (mg)	<1.00
Sodium (mg)	9.90
Potassium (mg)	44.10
Total carbohydrates (g)	86.50
Dietary fiber (g)	4.05
Soluble fiber (g)	1.31
Insoluble fiber (g)	2.74
Sugars (g)	73.51
Sugars include added sugars (g) ^a	48.87
Protein (g)	0.31
Vitamin D (µg)	<1.00
Vitamin A (IU)	23.00
Vitamin C (mg)	<1.00
Calcium (mg)	5.50
Iron (mg)	<0.10
% Ash	0.14
% Moisture	12.55

Calories are calculated excluding insoluble fiber CFR 21 Part 101.9c1iC

*Proximate analysis of a typical sample

^a Estimated from differences in sugars between infused dried sliced cranberries and uninfused (no sugar infusion) dried sliced cranberries

Date Issued	Supersedes
09/21/2016	11/21/2014