



Super Fruit.  
Super Good!™

## Nutritional Information

<b>Product</b>	<b>Organic dried red tart pitted cherry</b>
<b>GPC</b>	<b>P02117, P00082</b>
<b>Ingredients</b>	<b>Organic cherry, Organic cane sugar, Organic sunflower oil</b>

<b>Analyses</b>	<b>Nutrients per 100 gram*</b>
Calories (Cal)	343.40
Calories from fat (Cal)	2.88
Total fat (g)	0.32
Saturated fat (g)	<0.10
Trans fat (g)	<0.10
Polyunsaturated fat (g)	<0.10
Monounsaturated fat (g)	0.21
Cholesterol (mg)	<1.0
Sodium (mg)	12.7
Potassium (mg)	522
Total carbohydrates (g)	86.1
Dietary fiber (g)	4.63
Soluble fiber (g)	2.45
Insoluble fiber (g)	2.18
Sugars (g)	67.65
Sugars include added sugars (g) <sup>a</sup>	37.32
Protein (g)	2.44
Vitamin D (µg)	<1.00
Vitamin A (mcg RAE)	75
Vitamin C (mg)	<1.00
Calcium (mg)	56.6
Iron (mg)	0.85
% Ash	1.20
% Moisture	9.95

Calories are calculated excluding insoluble fiber CFR 21 Part 101.9c1iC

\*Proximate analysis of a typical sample

<sup>a</sup> Estimated from differences in sugars between infused dried and uninfused (no sugar infusion) dried organic cherries

<b>Date Issued</b>	<b>Supersedes</b>
04/10/2017	09/20/2015