



Super Fruit.
Super Good!™

Nutritional Information

Product	Organic dried cranberry
GPC	P01363, P00094
Ingredients	Organic cranberry, Organic cane sugar, Organic sunflower oil

Analyses	Nutrients per 100 gram*
Calories (Cal)	354.20
Calories from fat (Cal)	7.47
Total fat (g)	0.83
Saturated fat (g)	<0.10
Trans fat (g)	<0.10
Polyunsaturated fat (g)	0.10
Monounsaturated fat (g)	0.64
Cholesterol (mg)	<1.0
Sodium (mg)	1.3
Potassium (mg)	43.5
Total carbohydrates (g)	86.5
Dietary fiber (g)	5.42
Soluble fiber (g)	2.86
Insoluble fiber (g)	2.56
Sugars (g)	72.5
Sugars include added sugars (g) ^a	46.69
Protein (g)	0.19
Vitamin D (µg)	<1.00
Vitamin A (IU)	129.0
Vitamin C (mg)	<1.00
Calcium (mg)	10.9
Iron (mg)	0.25
% Ash	0.11
% Moisture	12.40

Calories are calculated excluding insoluble fiber CFR 21 Part 101.9c1iC

*Proximate analysis of a typical sample

^a Estimated from differences in sugars between infused dried and uninfused (no sugar infusion) dried organic cranberries

Date Issued	Supersedes
04/10/2017	03/07/2017