



Super Fruit.  
Super Good!™

## Nutritional Information

<b>Product</b>	Raspberry Flavored Cranberries
<b>GPC</b>	21005
<b>Ingredient</b>	Cranberries, Cane Sugar, Sunflower Oil, Natural Raspberry Flavor

Analyses	Nutrients per 100 gram*
Calories ( Kcal)	358.00
Calories from fat (Kcal)	7.20
Total fat (g)	0.80
Saturated fat (g)	0.10
Trans fat (g)	<0.10
Polyunsaturated fat (g)	0.10
Monounsaturated fat (g)	0.60
Cholesterol (mg)	<1.00
Sodium (mg)	4.00
Potassium (mg)	29.00
Total carbohydrate (g)	89.94
Dietary fiber (g)	5.23
Soluble fiber (g)	2.76
Insoluble fiber (g)	2.47
Sugars (g)	71.78
Protein (g)	0.27
Vitamin A (IU)	129.00
Vitamin C (mg)	<1.00
Calcium (mg)	8.50
Iron (mg)	0.33
% Moisture	8.90
% Ash	0.09

Calories are calculated excluding insoluble fiber CFR 21 Part 101.9c1iC

\*Provisional

Date Issued	Supersedes
04/30/2019	07/18/2017