



Super Fruit.
Super Good!™

Nutritional Information

Product	Infused Dried Cranberry Bit
GPC	01169
Ingredient	Cranberries, Cane Sugar, Expeller Pressed Sunflower Oil

Analyses	Nutrients per 100 gram*
Calories (Cal)	350.7
Calories from fat (Cal)	4.7
Total fat (g)	0.52
Saturated fat (g)	<0.10
Trans fat (g)	<0.10
Polyunsaturated fat (g)	<0.10
Monounsaturated fat (g)	0.34
Cholesterol (mg)	<1.0
Sodium (mg)	7.4
Potassium (mg)	47.7
Total carbohydrates (g)	90.0
Dietary fiber (g)	4.67
Soluble fiber (g)	1.11
Insoluble fiber (g)	3.56
Sugars (g)	72.11
Sugars include added sugars (g) ^a	46.4
Protein (g)	0.62
Vitamin D (µg)	<0.55
Vitamin A (µg RAE)	2.7
Vitamin C (mg)	<1.00
Calcium (mg)	11.5
Iron (mg)	<0.10
% Ash	0.13
% Moisture	8.76

Calories are calculated excluding insoluble fiber CFR 21 Part 101.9c1iC

*Proximate analysis of a typical sample

^a Estimated from differences in sugars between infused dried cranberries and uninfused (no sugar infusion) dried cranberries

Date Issued	Supersedes
06/07/2017	09/20/2015